Module 2: Doing Stuff Solo – and Loving It!

* Prewriting Exercise: Have you ever gone out to eat by yourself? Out to a movie? Traveling? If you have, how has it felt? If you have not, how do you imagine it would feel?
* Exercise: Go to a movie and/or a meal by yourself. Don’t bring a laptop with you. Books are okay. If you don’t feel safe doing so, you can ask a buddy to go to the same spot, but they must be seated separately from you.
* Reflection on Exercise: Write about your experience. Note your actions and feelings. What did you do to occupy the time before your meal/movie started? Did you engage in conversation with the employee(s)? Did you feel self-conscious at all?